



































Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Appetiser	SOUP OF THE DAY <b>MEAT FREE MONDAY</b>	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
Option 1	<b>Spicy Tofu &amp; Black Bean Fajitas</b> 	<b>Chicken &amp; Sweetcorn Crusty Pie</b> 	<b>Spaghetti Bolognese</b>  	<b>Chicken Katsu</b> 	<b>Baked Fish Fillet</b>  
Option 2	<b>Ricotta &amp; Spinach Tortellini</b>   	<b>Baked Aubergine filled with Haricot Bean Ragu</b>  	<b>Red Lentil &amp; Vegetable Bolognese</b>  	<b>Thai Green Vegetable Curry</b>  	<b>Roasted Vegetable Quiche</b>    
Option 3	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna
Pasta of the Day	Whole wheat Pasta with tomato Sauce  	Whole Wheat pasta with Cheese Sauce   	 	Whole wheat Pasta with basil pesto  	Whole Wheat pasta with Tomato sauce  
Side	Edamame Beans/Carrots 	Parsley Potatoes Steamed Green beans	Broccoli Florets Spaghetti	Basmati Steamed Rice Green Beans/Carrots	Garden Peas/Baked Beans Oven Fries
Dessert	Oaty Apple Crumble With Custard	Creamy Rice Pudding with Jam	Vegetarian Strawberry Jelly With Cream	Pear & Ginger Sponge	Fresh Seasonal Fruits
Daily	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread

 Vegetarian 
  Sustainable Fish 
  Oily Fish 
  Wheat 
  Soy Beans 
  Eggs 
  Celery 
  Milk/Cream 
  Cheese 
  Red Tractor 
  Vegan

All foods are freshly prepared using fresh seasonal ingredients. Selection brown breads & rolls, Salads & Protein items available from salad bar everyday. Children with dietary requirements are also catered for and great care is taken when preparing meals. All food items sourced are from reputable and local suppliers where possible. Children are very much encouraged to have their 5 a day with fruits being available in abundance at break and at lunch times.














































Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Appetiser	SOUP OF THE DAY <b>MEAT FREE MONDAY</b>	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
Option 1	<b>Quorn Chilli Con Carne</b> 	<b>Roast Chicken Thigh</b> 	<b>Lamb Madras</b> With accompaniments 	<b>Chicken &amp; Herb Sausages</b> with onions & gravy 	<b>Baked Fish Fillet</b> 
Option 2	<b>Vegan Chilli Burritos with Salsa</b> 	<b>Macaroni Cheese</b> 	<b>Sweet Potato, Spinach &amp; Chickpea curry</b> 	<b>Vegetarian Sausage Hotpot</b> 	<b>Mediterranean Spiced Tofu &amp; Vegetables in Pitta Bread</b> 
Option 3	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna
Pasta of The Day	Whole wheat Pasta with tomato Sauce 	Whole Wheat pasta with Cheese Sauce 	Whole wheat Pasta with basil pesto 	Whole Wheat Pasta with Roasted Basil 	Whole Wheat pasta with Tomato sauce 
Side	Basmati Rice	Baked New potatoes Carrots/Beans	Broccoli Florets Coconut Pilau Rice	Steamed Green beans Creamy Mash Potatoes	Garden Peas/Baked Beans Oven Fries
Dessert	Yoghurt Selection 	Jam & Coconut Sponge With Custard 	Gooseberry Crumble With Custard	Chocolate Sponge & Sauce 	Fresh Seasonal Fruits
Daily	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread

Vegetarian 
 Sustainable Fish 
 Oily Fish 
 Wheat 
 Soy Beans 
 Eggs 
 Celery 
 Milk/Cream 
 Cheese 
 Red Tractor 
 Vegan

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Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Appetiser	SOUP OF THE DAY <b>MEAT FREE MONDAY</b>	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
Option 1	<b>Stir Fry Vegetable Egg Noodles</b>   	<b>Hearty Chicken Casserole</b> 	<b>Minced Beef Lasagna</b>  	<b>Chicken Tikka Masala</b>  	<b>Baked Haddock Fillet</b>  
Option 2	<b>Quorn &amp; Vegetable filled Boa Bun With Plum sauce</b>    	<b>Moroccan Style Stuffed Peppers</b>  	<b>Vegetable Wellington With creamy mushroom sauce</b>   	<b>Tandoori Vegetables In Coconut Curry Sauce</b>  	<b>Jackfruit Fritter</b>  
Option 3	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna
Pasta of The Day	Whole wheat Pasta with tomato Sauce  	Whole Wheat pasta with Cheese Sauce   	Whole wheat Pasta with basil pesto  	Whole Wheat Pasta with Roasted Basil  	Whole Wheat pasta with Tomato sauce  
Side	Steamed Green Beans	Roast Pumpkin/Kale New potatoes	Garden Peas Tomato Rice	Broccoli Florets Pilau Rice	Garden Peas/Baked Beans Oven Fries
Dessert	Yoghurt Selection 	Apple Pie With Custard  	Wild Berry Cheesecake   	Chocolate Chip Bread & Butter Pudding & Custard   	Fresh Seasonal Fruits
Daily	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread

 Vegetarian 
  Sustainable Fish 
  Oily Fish 
  Wheat 
  Soy Beans 
  Eggs 
  Celery 
  Milk/Cream 
  Cheese 
  Red Tractor 
  Vegan

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